



Sample Interview Diagnostics

Date of Interview: December 4, 2022

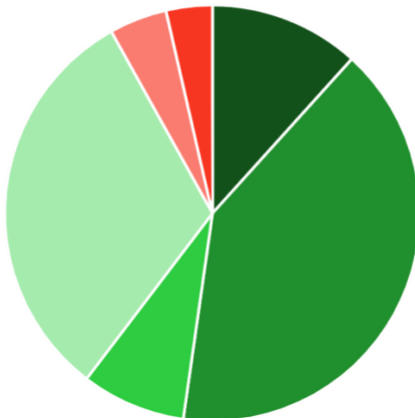
Desired role: VP of Sales

Interview mode: Self-Recorded

Note: our written and video feedback was sent separately. Suggestions are embedded in the video of your interview recording. This report only covers diagnostics.

Good job...you kept it positive:

Very positive Positive Slightly positive Neutral
Slightly negative Negative Very negative



The main topics you focused on:

- Sales
- Marketing
- Customer
- Revenue

confidence levels, but based on the metrics and our experience, your confidence could improve. Also, excessive filler words undermine how you will be perceived, including how confident you come across.

Your Eye Contact

You looked away from the camera a great deal. See the chart below for details. 80% of companies use remote or video-based interviews, so we strongly recommend improving your eye contact.

Tip: pretend the camera is the eyes of the interviewer.



Total on-screen time: 21m 23s

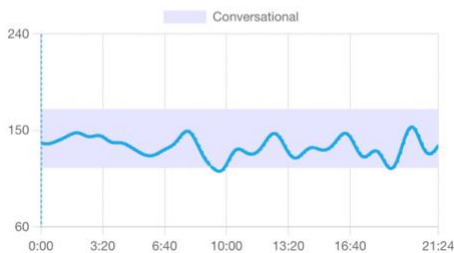


Your Speaking Rate and Pacing

You did not speak too quickly or slowly. The average person speaks 130 – 150 words per minute. Yours was 135. You kept this pace consistently. **Tip:** vary your pace to keep your audience engaged.



Pacing Variation



Suggested next steps:

- Follow the tips in this report
- Look out for our feedback on the content of your interview, sent separately
- Practice more
 - [Book a live practice session](#) with an experienced pro in your field.
 - [Do more self-recorded interviews](#) and track your progress.

We are here to help any way we can.